



PAIN MANAGEMENT TRAINEESHIP

Application Policies and Guidelines

Program sponsored by an educational grant from Endo Pharmaceuticals, Inc.



Universal Program Numbers (Self-Study): 204-000-07-036-H01P (**12** Hours/1.2 CEUs)

Universal Program Number (Experiential): 204-000-07-059-L01P (**70** Hours/7.0 CEUs)

The American Society of Health-System Pharmacists is accredited by the American Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education.



ASHP Pain Management Traineeship is an ACPE Certificate Program that provides CE credit for both the self-study and the experiential components: participants must successfully complete the online self-study component test before they can participate in the experiential component in order to earn full credit for this Certificate Program.

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Table of Contents

Traineeship Overview	Page 3
Qualifications of Applicant and Traineeship Policies	Page 5
Application Procedures and Selection Criteria	Page 6
Criteria for Experiential Sites and Preceptors	Page 7
Administration of the Traineeship	Page 8

The Pain Management Traineeship Program is designed for pharmacists practicing in acute settings and providing specialized services for patients in pain. The traineeship prepares participants to design patient-specific pharmacotherapy; solve drug therapy problems; and develop protocols, policies and procedures for the treatment of such patients.

The curriculum, consisting of a self-study program and a 10-day experiential program, provides intensive didactic and clinical training for selected pharmacists. The self-study program offers 12 continuing education hours (1.2 CEUs) via the modules provided by the ASHP Research and Education Foundation. Completion of the self-study program is a requirement for attending the experiential program. The experiential program offers 70 continuing education hours (7.0 CUEs) and allows participants to observe and participate in the pharmaceutical care of patients in a health system with an established pain management service. The ASHP Research and Education Foundation Pain Management Traineeship Program is an ACPE Certificate Program that provides CE for the self-study and the experiential components; a certificate will be given to trainees who successfully complete all parts of the program.

Educational Goals

Self-Study Program

After being selected to participate in the traineeship (see Selection Criteria), trainees will receive a copy of the ASHP Foundation's Pain Management Traineeship Self-Study Program, which will provide the problem-solving skills required for clinical practice in this area. It concentrates on acquiring knowledge about the disease states and conditions most likely to be encountered and the medications used in pain management. Participants should already have a solid foundation in the following areas as they relate to the care of patients with pain:

- Pathophysiology
- Clinical pharmacology and therapeutics
- Clinical laboratory data interpretation
- Clinical pharmacokinetics
- Medical terminology and abbreviations

Self-Study Program Objectives

1. Effectively design, recommend, monitor and evaluate patient-specific therapeutic regimens for the management of pain that incorporate the principles of evidence-based medicine (the conscientious, explicit and judicious use of current best evidence in making decisions about the care of individual patients).
2. Build the information base needed to design a medication therapy regimen for a patient with pain by collecting, organizing and generating patient-specific problem lists using all information needed by the pain management pharmacist to prevent, detect and resolve medication-related problems and to make therapeutic medication therapy recommendations.
3. Design a regimen, including modifications to existing medication therapy, that meets the therapeutic goals established for a patient in pain; integrates patient-specific information, disease and drug information, ethical issues and quality-of-life issues; and considers pharmacoeconomic principles.
4. Design a monitoring plan for a therapeutic regimen that effectively evaluates achievement of the patient-specific therapeutic goals.
5. Design a patient-specific education program for the patient or the patient's caregiver that will enable successful implementation of the therapeutic and monitoring plans.

The self-study program includes study questions and a CE test. In order to advance to the experiential program and obtain CEUs, participants must pass the CE test with a score of 70%.

Experiential Program

During the 10-day experiential program, participants observe experienced clinicians and design, monitor and evaluate patient-specific pain management pharmacotherapy. This program focuses on critical thinking, decision-making and communication skills.

Experiential Program Objectives

1. Establish a collaborative working relationship with all health care providers involved in a pain management service.
2. Develop an effective collaborative pharmacist-patient relationship required to elicit information, undertake the development of a pharmacist plan and establish a monitoring process.
3. Design, recommend, administer (when applicable), monitor and evaluate patient-specific pain management regimens that incorporate the principles of evidence-based medicine to make conscientious, explicit and judicious decisions about the care of individual patients and specifically to:
 - Build the information base needed to design a medication therapy regimen for a patient with pain by collecting, organizing and generating patient-specific problem lists using all information needed by the pain management pharmacist to prevent, detect and resolve medication-related problems and to make therapeutic medication therapy recommendations.
 - Design a regimen, including modifications to existing medication therapy, that meets the therapeutic goals established for a patient in pain; integrates patient-specific information, disease and drug information, ethical issues and quality-of-life issues; and considers pharmacoeconomic principles.
 - Design a monitoring plan for a therapeutic regimen that effectively evaluates achievement of the patient-specific therapeutic goals.
 - Implement the pharmacotherapeutic regimen and/or corresponding monitoring plan.
 - Design an educational program plan that will enable successful implementation of the therapeutic regimen and monitoring plan.
4. Design and deliver education to health care professionals on therapies used in the treatment of pain management.
5. Demonstrate a caring attitude toward patient's pain in all aspects of care.
6. Develop effective written and verbal pain management consults.
7. Appropriately document all activities related to pain management in the appropriate locations (e.g., The Joint Commission documentation requirements).
8. Develop policies and procedures for pain management in a multidisciplinary practice.

Post-Training Requirements

Four months after completing the experiential section of the traineeship, trainees will be required to provide the ASHP Foundation with the following documentation before a certificate will be issued:

- A copy of the proposed policies and procedures that they have submitted to their health system as part of their proposal to institute a new or enhance an existing pain management service.
- A report demonstrating that the trainee has become actively involved in the pain management service at his or her health system site.
- An outline of a presentation about the role of a pharmacist providing pain management services that he or she has made to associated health care providers.

Qualifications of Applicant

To qualify for application to the traineeship, the applicant must be a licensed pharmacist in any state in the United States, and be a graduate of an ACPE-accredited college or school of pharmacy. The applicant must have completed an ASHP-accredited residency or have 2 years of experience in clinical practice.

Applicants must have a command of basic knowledge areas as they relate to pain management, including pathophysiology, clinical pharmacology and therapeutics, clinical laboratory data interpretation, clinical pharmacokinetics and medical terminology and abbreviations. In addition, applicants should have experience with writing pharmaceutical care plans, conducting patient interviews and delivering educational programs to other members of the health care team. In the application process, applicants must also attest to their understanding and ability to practice according to HIPAA regulations.

Upon completion of the program, the applicant will be responsible for personally providing pharmaceutical services to patients with pain.

Qualifications of the Applicant's Health System

The applicant's employer must be a health care system in the United States with resources for the provision of specialized pain management services. The chief executive officer of the system and the physician who is responsible for pain management services must provide documentation of their commitment to the establishment of pharmacist-managed or physician-supervised (in which a pharmacist routinely provides pharmaceutical care for patients) pain management services. If the service is already established, the chief executive officer of the system and the physician who is responsible for pain management services must confirm that the pharmacist applying for the traineeship will be or is already involved in pain management services or with a team.

Important Traineeship Policies

Administrative policies related to this ASHP Foundation traineeship include the following:

- The traineeship is awarded to an individual participant.
- No stipend or honorarium is awarded to the participant.
- The participant is responsible for providing his or her transportation to the experiential site and lodging.
- Upon acceptance into the program, the trainee will be asked to provide proof of liability insurance to his or her preceptor and training site and to submit evidence of TB and Hepatitis B vaccinations before traveling to the training site.
- If the participant must cancel his or her participation, he or she must notify the ASHP Foundation and preceptor at least 4 weeks in advance of the starting date of the experiential portion of the program.
- The participant may be required to sign a liability statement appropriate to the specific experiential training site.
- The participant will be required to attend all sessions of the program and to complete the post-training requirements and program evaluation form.

Application Procedures

To apply to the traineeship, the applicant must submit five copies of the completed application form and "Applicant's Statement," plus the following items (the original plus four photocopies):

- Applicant's curriculum vitae.
- A letter from the chief executive officer of the organization confirming a commitment to the establishment of a pharmaceutical pain management service or other such organized care system for pain management pharmacotherapy (in which the pharmacist routinely provides pharmaceutical care for patients in the health system), including the expected implementation date.
- A letter from the physician responsible for the pain management services supporting a pharmaceutical service and/or involvement of the pharmacist on the patient care team.

Selection Criteria

All applications will be reviewed by a panel appointed by the ASHP Foundation Board of Directors. The following criteria will be used to review and score applications:

Points	Criteria
10	Academic preparation (degree, residency, certificate programs)
15	Clinical practice and ambulatory care experience (general clinical experience as described in the "Qualification of Applicant" section)
20	Training expectations (expectations of the applicant and proposed duties of pharmacist after training)
25	Support of administration and physician(s) (support for pharmacist to attend training and commitment of institution to start or enhance service)
30	Institutional viability for service (involvement of pharmacist in care team)
100	Total

Criteria for Sites and Preceptors

Qualifications of the Training Site

The health systems selected as a site for the experiential portion of the traineeship must have a pharmacotherapy pain management service or other such organized care system for patients with pain. The site should have a pharmacist or pharmacists who routinely provide pharmaceutical care for patients with pain. The administration(s) of the participating institution(s) will provide adequate time to pharmacists and other participants to conduct the Pain Management Traineeship. Additionally, the availability of space for lectures, seminars, conferences, and hands-on clinical experiences should be adequately provided.

The proposed training site must be accredited by The Joint Commission or other appropriate organization, when applicable. The institution's department of pharmacy should meet the ASHP Minimum Standards for Pharmacies in Hospitals or other appropriate standards.

In addition, a site must be able to provide 10 days of continuous experiential training, with at least 5 hours per day of direct-patient contact (in any combination of time blocks) with patients with pain or health care colleagues working in a pharmaceutical pain management service or other such organized care system for patients in pain. In cases where the training site city has relationships, affiliated clinics, and other services that provide pharmaceutical care for patients with pain, the primary training site is encouraged to partner with these sites to provide the trainee with diverse experiences.

The site must submit a letter from the administrator and physician (on whose service the experiential portion of the traineeship will take place) stating that the health system supports the traineeship program.

Qualifications of the Preceptor

The primary preceptor for the traineeship must be a pharmacist who routinely provides pharmaceutical care for patients with pain. He or she must submit a letter from a physician specializing in or responsible for pain management indicating that the pharmacist participates in the design, recommendation, monitoring and evaluation of patient-specific pain management pharmacotherapy and provides medication-use education to patients and their caregivers where appropriate.

All preceptors for the traineeship must be currently involved in practice-based teaching of pharmacy students or other health care professionals. It is desirable for preceptors to have demonstrated the impact of their practice on outcomes or to have participated in scholarly achievement.

Administration of the Traineeship

The Pain Management Traineeship is administered by the ASHP Research and Education Foundation, 7272 Wisconsin Avenue, Bethesda, MD 20814, and is funded by an educational grant from Endo Pharmaceuticals. Questions regarding this traineeship should be directed to Cynthia L. LaCivita, Pharm.D. at clacivita@ashp.org or 301-664-8609.