

## **Clinical Pharmacy in Hypertension Control in Elderly Diabetics: New Roles in Primary & Collaborative Care**

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### **Abstract**

The aim of this study is to develop a collaborative relationship with primary healthcare providers in the care of the elderly diabetic hypertensive patient population. The clinical pharmacists will focus on bringing patients to therapeutic goal of national guidelines through intensive therapy, patient education.

The specific objective of this study will be to measure the effectiveness of clinical pharmacists in managing hypertension in elderly diabetic patients. This will be measured by evaluating two primary endpoints: (1) the percent change in blood pressure at 6 months versus baseline: Pharmacist-managed vs. Physician-managed; and (2) the percent of patients meeting JNC-VII hypertension treatment guidelines at 6 months versus baseline: Pharmacist-managed vs. Physician-managed.