
ASHP Foundation Pain Management and Palliative Care Traineeship Experiential Component

Planned in cooperation with ASHP Foundation

ACPE Activity Number: 0204-9999-19-003-L01-P

Activity Date: April 1, 2019

Activity Type: Application-based

CE Credits: 40 hours

Activity Fee: \$3,750 (*fees include both home study and experiential components*)

Accreditation for Pharmacists



The American Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Target Audience

This continuing pharmacy education activity is designed for pharmacists who provide specialized services for patients in pain and those with palliative care needs.

Activity Overview

During the 5-day experiential program, working with experienced clinicians, participants will design, communicate, and manage evidence-based, patient-specific pain management / palliative care pharmacotherapy for patients. The program focuses on critical thinking, decision-making, and communication skills. Following completion of the experiential program, the preceptor provides the ASHP Foundation with an evaluation of the trainee's progress.

At least two weeks in advance of the experiential component, the trainee should provide the site preceptor, via email, with a list of topics/questions that the trainee would like to focus on during the experiential weeks.

Learning Objectives

After participating in this CPE activity, participants should be able to:

1. Establish a collaborative working relationship with all health care providers involved in a pain management/palliative care service.
2. Develop an effective collaborative pharmacist-patient relationship required to elicit information, undertake the development of a pain management/palliative care plan and establish a monitoring process.
3. Design, recommend, administer (when applicable), monitor and evaluate patient-specific pain management/palliative care regimens that incorporate the principles of evidence-based practice to make conscientious, explicit and judicious decisions about the care of individual patients and specifically to:
 - Build the information base needed to design a medication therapy regimen for a patient with pain/palliative care needs by collecting, organizing and generating patient-specific problem lists using all information needed by the pain management/palliative care pharmacist to prevent, detect and resolve medication-related problems and to make therapeutic medication therapy recommendations.
 - Design a regimen, including modifications to existing medication therapy, that meets the therapeutic goals established for a patient in pain/palliative care needs; integrates patient-specific information, disease and drug information, ethical issues and quality-of-life issues; and considers pharmacoeconomic principles.
 - Design a monitoring plan for a therapeutic regimen that effectively evaluates achievement of the patient-specific therapeutic goals.
 - Implement the pharmacotherapeutic regimen and/or corresponding monitoring plan.

- Design an educational program plan that will enable successful implementation of the therapeutic regimen and monitoring plan.
- 4. Design and deliver education to health care professionals and patients on therapies used in pain management/provision of palliative care.
- 5. Demonstrate a caring attitude toward patients with pain/palliative care needs in all aspects of care.
- 6. Develop effective written and verbal pain management/palliative care consults.
- 7. Appropriately document all activities related to pain management/palliative care in the appropriate locations (e.g., The Joint Commission documentation requirements).
- 8. Develop policies and procedures for multidisciplinary pain management/palliative care practice.

Schedule of Educational Activities

ASHP Foundation staff and traineeship faculty will strive to align trainees' individual educational needs and geographic location when determining site assignments. Alignment of trainees' educational needs and training site capabilities will be prioritized. The ASHP Foundation cannot guarantee that trainees will be assigned to the site that is closest in geographic proximity to the trainee's home.

The experiential component of the Pain Management and Palliative Care Traineeship will be offered at the following sites:

- Southern Illinois University Edwardsville, Belleville, IL
- The University of Iowa Hospitals and Clinics, Iowa City, IA
- The University of Iowa Hospitals and Clinics, Iowa City, IA
- University of Maryland School of Pharmacy, Baltimore, MD
- The Johns Hopkins Hospital, Baltimore, MD

Faculty Information

- **Chris Herndon, Pharm.D.**, Southern Illinois University Edwardsville, Belleville, IL
- **Suzanne Amato Nesbit, PharmD, BCPS, CPE**, Clinical Pharmacy Specialist, Pain Management, Department of Pharmacy, The Johns Hopkins Hospital, Baltimore, MD
- **Lee Kral, Pharm.D. BCPS, CPE**, Center for Pain Medicine, The University of Iowa Hospitals and Clinics, Iowa City, IA
- **James B. Ray, Pharm.D., CPE**, James A. Otterbeck OnePoint Patient Care, Clinical Associate Professor in Hospice and Palliative Care, The University of Iowa Hospitals and Clinics, Iowa City, IA
- **Mary Lynn McPherson, Pharm.D.**, Professor and Vice Chair, University of Maryland School of Pharmacy, Baltimore, MD

Disclosures

In accordance with the ACPE's and ACCME's Standards for Commercial Support, anyone in a position to control the content of an educational activity is required to disclose to the accredited provider their relevant financial relationships. An individual has a relevant financial relationship if he or she (or spouse/domestic partner) has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the activity content over which the individual has control. In accordance with these Standards, all potential conflicts of interest have been resolved.

As defined by ACCME, a commercial interest is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The Standards for Commercial Support do not consider providers of clinical service directly to patients to be commercial interests.

- All planners, presenters, reviewers, and ASHP staff of this session report no financial relationships relevant to this activity.

Methods and CE Requirements

During this activity, faculty members will assess the participant's ability to function effectively as a member of a pain management / palliative care service. The faculty members will complete an evaluation form for each

Activity Announcement

participant following the experiential component and discuss the evaluation with the participant. Assessment and feedback is based upon progress in meeting the learning objectives for the experiential component.

Participants must participate in the entire activity and complete the online evaluation to earn continuing pharmacy education credit. Follow the prompts to claim credit within 60 days after completing the activity.

System Technical Requirements

Courses and learning activities are delivered via your Web browser and Acrobat PDF. Users should have a basic comfort level using a computer and navigating web sites.

View the [minimum technical and system requirements](#) for learning activities.